

Return to Competition Guidelines for Dressage Niagara for August 2020



Dressage Niagara will be following the EC Guidelines for Competition Operations During COVID-19

Entries

1. Entries, standard waivers and payment will **only** be accepted electronically (online by www.ShowMate.net or by email). We will not be accepting paper entries. E-transfers can be made to info@dressageniagara.com.
2. Entries may be limited in accordance with provincial restrictions for gathering size
3. All Waivers of Liability, Daily COVID-19 Health Attestation & Agreement, and COVID-19 Health Screening Checklists **must** be submitted with all entries.
4. To monitor and allow for contact tracing of the Participants entering the venue, competitors must list their support personnel that they will have with them for the competition as part of their entry, including the name, phone number, city and email for the coach, groom, parent or responsible adult (if a minor). Each support personnel must also complete waivers, daily attestations and checklists.
5. If anyone must withdraw from competition due to exposure or symptoms to COVID-19, a full credit will be refunded.

Access to Venue

1. Upon arrival to the property, each participant **must** identify themselves to the entry gate personnel to verify that they are on the **Venue Access List** have completed and signed all waivers and daily health attestations. No person may enter the property without pre-registering. No spectators or walk-ins are permitted.
 2. The entry gate personnel will perform a temperature check (with a non-contact thermometer) prior to anyone entering the competition venue. Individuals with a temperature below 99.5°F (37.5°C) may enter the facility. Everyone will be asked if they feel ill in any way, specifically listing COVID-19 symptoms, and may be sent home if any symptoms are reported.
 3. In the parking area, cars, trucks and trailers should be a minimum of 2.5 meters apart in accordance with physical distancing regulations.
 4. The venue will be limited to the following individuals:
 - a. Competition organizers and the volunteers required to run the competition including scribe, announcer, runner, whipper-in, gate attendant, etc.
 - b. Competitor plus **no more than three (3)** supporting staff (1 groom, 1 coach or 1 trainer, and 1 parent/guardian *if* the competitor is a minor).
 - c. Medical personnel (human).
 - d. Medical personnel (equine). The veterinarian and farrier will be on call.
 - e. Officials (COVID-19 Compliance Officer, Judge, Steward and Equine Medication Control Official)
 - f. Facility owner(s), facility manager, barn staff and boarders (limited).
- NOTE:** All individuals listed above are required to submit a daily attestation and COVID-19 waivers prior to the date of competition.
5. Anyone exhibiting symptoms or may have been exposed to someone with COVID-19 should not enter the venue.

6. Stabling and spectator areas will be restricted and require social distancing for outdoor areas and masks must be worn if indoors. To assist with physical distancing principles, competitors shipping in for only a day should work off their trailer.
7. The arena and the viewing room is off limits to participants.

Communications/Documentation/Awards

1. Guidelines, waivers, daily attestations of health, entry forms and prize list will be available online.
2. Ride times will be posted online and via Facebook at least 2 days before competition date.
3. To discourage physical gathering, results will not be posted outside the show office on the date of competition. Results/scores will be posted online and by email the week following the competition.
4. No paper tests will be handed out at the competition. Scanned dressage test sheets can be emailed to competitors the week following the competition.
5. Ribbons, gift bags and prizes will not be handed out on the date of competition.

Sanitation

1. Hand washing/sanitization stations will be located throughout the venue.
2. Please use garbage bins located on the property for hygienic disposal of items or consider bringing your own garbage bag and taking your garbage back home with you.
3. An attendant will be assigned to ensure frequent cleaning and sanitization of washroom/portapotty.

Physical Distancing

1. Competition area will only have one (1) competitor. Please make sure that the previous rider has exited the competition area before the next competitor enters.
2. Only one (1) support person can accompany the horse and rider to the competition area (e.g. caller). If the support person is not part of the competitor's household, they should wear a mask in the competition area.
3. The coach is to follow physical distancing requirements; consider using a headset to communicate with the rider during warm up.
4. Warm-up area will have no more than three (3) competitors.
5. Horses with handlers should be kept five (5) meters apart while at the competition venue.
6. Competitors, when mounted, should keep at least five (5) meters apart.
7. After their ride, competitors should return to their trailer or stall.
8. Participants must keep two (2) meters spacing while waiting in line for the washroom or in spectator area.
9. Participants are asked to wear a mask in areas where physical distancing is difficult, or indoors.

Competition Office

1. Participants must keep two (2) meters apart while approaching or waiting at the show office.
2. Participants should assign one (1) person of their group to check-in and collect and drop off their show number.
3. Participants are asked to wear a mask while approaching, waiting, or in the show office.

Services

1. There will **not** be a food vendor on site. Please consider bringing your own food/drinks/snacks for the day.

2. There will **not** be a photographer on site. Please arrange with one of your personal support staff to take photos or video provided that they abide by the distancing guidelines.
3. There will not be vendors or sponsors on site. Please visit our website to see our supporting sponsors.

Responsibilities of Participants

Reminder: Participants are attending the competition at their own risk. They are liable and must take personal responsibility for the safety of others and themselves. Comply with all best practices and guidelines in effect at the competition.

1. We strongly encourage all Participants to wear PPE (e.g. masks) while onsite. PPE may be worn when mounted and competitors will not be penalized if wearing PPE while in the ring.
2. Participants should:
 - a. Complete required competition waivers, checklists and daily attestations.
 - b. Provide PPE to personal support staff and require temperature monitoring.
 - c. Regularly sanitize vehicle door handles, stable doors, bucket handles, light switches, etc. and equipment including tack, grooming and feeding tools, stall cleaning materials, etc.
 - d. Clean leather before and after every use.
 - e. Not share supplies, horse clothing, towels, equipment or tack (including lead shanks, etc.).
 - f. Adhere to physical distancing guidelines.
 - g. Wash and/or sanitize hands frequently.
 - h. Adhere to cough and sneeze etiquette. Participants who begin to cough/sneeze for any reason should move away from others until coughing/sneezing dissipates.
 - i. Leave the competition venue litter free. All garbage is to be taken home.
 - j. Leave the venue as soon as possible after their classes have concluded.
 - k. If they become sick within two (2) weeks following a show, contact the show organizer and indicate the events and dates that they were onsite.

Penalties for Non-Compliance

1. The competition organizer and/or an EC Steward/Technical Delegate (TD) has the authority to remove any person who does not comply with the regulations and requirements in effect at the competition from the facility. Refer to EC's Rules for penalties for non-compliance at www.equestrian.ca/programs-services/rules.
2. The COVID-19 Compliance Officer must report any incidents of non-compliance to the competition organizer. The competition organizer has the authority to remove the Participant from the facility. The circumstances of such removal should be documented by the EC Steward/Technical Delegate in their report to EC.
3. In the event of repeated or flagrant non-compliance of a Participant with regard to best practices and guidelines implemented by the competition organizer, thereby endangering themselves and others, competition management has the authority to bar the Participant from the competition venue. The circumstances should be documented by the EC Steward/Technical Delegate in their report to the EC.

For more information, please view the Equestrian Canada COVID-19 Resources at <https://www.equestrian.ca/industry/about/covid-19-resources>.

PARTICIPANT (COMPETITOR/COACH/TRAINER/GROOM) CHECKLIST

All participants are encouraged to thoroughly read EC's Guidelines for Competition Operations During COVID-19 for additional health and safety precautions. This checklist is for your information, you do not need to submit this to the show organizer or with your entry.

Before You Leave Home

- Sign and submit all waivers and attestations as required by the competition organizer or venue management.
- Complete (and submit, if requested) all checklists provided by the competition organizer or venue management.
- Consider bringing your own food, snacks and drinks.
- Bring personal protective equipment (PPE).
- Thoroughly wash (in warm water) and sanitize all personal items and equipment, including electronics, cell phones, water bottles, clothing, bags, lunch containers, tack and stable supplies, etc..
- Consider activating a contact tracing application on your cell phone, if available in your area.
- Review and understand the COVID-19 mitigation plan circulated by the venue/organizing committee.
- Review and understand your federal, provincial/territorial, regional and local government and health authorities' recommendations and mandates.

Upon Arrival and During Competition

- Sign all daily attestations as required.
- Follow all traffic flow signs for the venue.
- Respect physical distancing guidelines at all times.
- Comply with PPE requirements.
- Register your attendance for contact tracing and provide confirmation of daily health monitoring.
- Sanitize hands frequently at provided handwashing/disinfecting stations.
- DO NOT share equipment, food, snacks or drinks.
- If accessing water or materials onsite, sanitize hands and wear PPE before touching and then sanitize following contact (this includes water taps, stable doors, gates, handles, etc.).
- Adhere to the venue's posted COVID-19 mitigation requirements and abide by the information circulated by the venue/organizing committee.

After Competition is Complete

- Don't socialize and leave the venue as soon as possible.
- Exit by following the traffic flow signs.
- Ensure all garbage is discarded in the provided receptacles or take garbage home with you.
- Thoroughly clean your equipment and clothing (tack, buckets, brushes, etc.).
- If you become ill with COVID-19 symptoms (or test positive for COVID-19) within 14 days of the competition, notify your local health authority and the competition organizer immediately.

COMPETITION ORGANIZERS/STAFF/VOLUNTEERS/SERVICE PROVIDERS/OFFICIALS CHECKLIST

All competition organizers, staff, volunteers, service providers and officials are encouraged to thoroughly read EC's Guidelines for Competition Operations During COVID-19 for additional health and safety precautions. This checklist is for your information, you do not need to submit this to the show organizer.

Before You Leave Home

- Sign and submit all waivers and attestations as required by the competition organizer or venue management.
- Complete (and submit, if requested) all checklists provided by the competition organizer or venue management.
- Consider bringing your own food, snacks and drinks.
- Bring personal protective equipment (PPE).
- Thoroughly wash (in warm water) and sanitize all personal items and equipment, including electronics, cell phones, water bottles, clothing, bags, lunch containers, tack and stable supplies, etc..
- Consider activating a contact tracing application on your cell phone, if available in your area.
- Review and understand the COVID-19 mitigation plan circulated by the venue/organizing committee.
- Review and understand your federal, provincial/territorial, regional and local government and health authorities' recommendations and mandates.

Upon Arrival and During Competition

Personal Health Protection (For all attendees)

- Sign all daily attestations as required.
- Follow all traffic flow signs for the venue.
- Respect physical distancing guidelines at all times.
- Comply with PPE requirements.
- Register your attendance for contact tracing and provide confirmation of daily health monitoring.
- Sanitize hands frequently at provided handwashing stations.
- DO NOT share equipment, food, snacks or drinks.
- If accessing water or materials onsite, sanitize hands and wear PPE before touching and then sanitize following contact (this includes water taps, stable doors, gates, handles, etc.).
- Adhere to the venue's posted COVID-19 mitigation requirements and abide by the information circulated by the venue/organizing committee.

Public Health Protection (For Organizers & Staff)

- Set up entrances and exits with traffic flow signage.
- Set up and post physical distancing markers and signage as required.
- Provide handwashing stations and garbage bins throughout the venue.
- Post COVID-19 mitigation signage throughout the venue.
- Sanitize the venue and all equipment (including doors, door handles, light switches, washrooms, competition materials, etc.).
- Consider wearing PPE at all times (you must wear PPE if dealing with an injured or sick participant).

- Collect all signed waivers, checklists and daily attestations from everyone arriving at the venue.
- Set up a process for clearing participants for entry into the venue, including temperature check.

After Competition is Complete

- Encourage participants to exit the venue.
- Sanitize the venue and all equipment.
- Take down established traffic flow signs, entrances and exits.
- Thoroughly wash all personal clothing and equipment.
- If you become ill with COVID-19 symptoms (or test positive for COVID-19) within 14 days of the competition, notify your local health authority and the competition organizer immediately.

PARENT/GUARDIAN CHECKLIST

All parents and guardians are encouraged to thoroughly read EC's Guidelines for Competition Operations During COVID-19 for additional health and safety precautions. This checklist is for your information, you do not need to submit this to the show organizer or with your entry.

Before You Leave Home

- Sign and submit all waivers and attestations as required by the competition organizer or venue management.
- Complete (and submit, if requested) all checklists provided by the competition organizer or venue management.
- Consider bringing your own food, snacks and drinks.
- Bring personal protective equipment (PPE).
- Thoroughly wash (in warm water) and sanitize all personal items and equipment, including electronics, cell phones, water bottles, clothing, bags, lunch containers, tack and stable supplies, etc..
- Consider activating a contact tracing application on your cell phone, if available in your area.
- Review and understand the COVID-19 mitigation plan circulated by the venue/organizing committee.
- Review and understand your federal, provincial/territorial, regional and local government and health authorities' recommendations and mandates.

Upon Arrival and During Competition

- Sign all daily attestations as required.
- Follow all traffic flow signs for the venue.
- Respect physical distancing guidelines at all times.
- Comply with PPE requirements.
- Register your attendance for contact tracing and provide confirmation of daily health monitoring.
- Sanitize hands frequently at provided handwashing stations.
- DO NOT share equipment, food, snacks or drinks.
- If accessing water or materials onsite, sanitize hands and wear PPE before touching and then sanitize following contact (this includes water taps, stable doors, gates, handles, etc.).
- Adhere to the venue's posted COVID-19 mitigation requirements and abide by the information circulated by the venue/organizing committee.

After Competition is Complete

- Don't socialize and leave the venue as soon as possible.
- Exit by following the traffic flow signs.
- Ensure all garbage is discarded in the provided receptacles or take garbage home with you.
- Thoroughly clean your equipment and clothing (tack, buckets, brushes, etc.).
- If you become ill with COVID-19 symptoms (or test positive for COVID-19) within 14 days of the competition, notify your local health authority and the competition organizer immediately.

COVID-19 HEALTH SCREENING CHECKLIST

Please complete this form and submit with your entry or to the show organizer.

If you have had any of the following symptoms or if you have traveled outside of Canada within the past 14 days, then you should not attend competition.

Are you currently experiencing any of the following symptoms? Choose any/all that apply.

- Fever (feeling hot to the touch, a temperature of 37.8° C or higher)
- Chills
- Cough that's new or worsening (continuous, more than usual)
- Barking cough, making a whistling noise when breathing (croup)
- Shortness of breath (out of breath, unable to breathe deeply)
- Sore throat
- Difficulty swallowing
- Runny nose (not related to seasonal allergies or other known causes or conditions)
- Stuffy or congested nose (not related to seasonal allergies or a cold)
- Lost sense of taste or smell
- Pink eye (conjunctivitis)
- Headache that's unusual or long lasting
- Digestive issues (nausea/vomiting, diarrhea, stomach pain)
- Muscle aches
- Extreme tiredness that is unusual (fatigue, lack of energy)
- Falling often
- For young children and infants: sluggishness or lack of appetite
- None of the above

Are you in any of these at-risk groups?

- 70 years old or older
- Getting treatment that compromises (weakens) your immune system (e.g. chemotherapy, medication for transplants, corticosteroids, TNF inhibitors)
- Having a condition that compromises (weakens) your immune system (e.g. lupus, rheumatoid arthritis, other autoimmune disorder)
- Having a chronic (long-lasting) health condition (e.g. diabetes, emphysema, asthma, heart condition)
- Regularly going to a hospital or health care setting for a treatment (e.g. dialysis, surgery, cancer treatment)

In the last 14 days, have you been in close physical contact with someone who tested positive for COVID-19?

Close physical contact means:

- Being less than two (2) metres away in the same room, workspace or area for over 15 minutes;
 - or,
 - Living in the same home
- Yes
 - No

In the last 14 days, have you been in close physical contact with a person who either:

- Is currently sick with a new cough or fever, or has difficulty breathing; or,
- Returned from outside of Canada in the last two (2) weeks?

Close physical contact means:

- Being less than two (2) metres away in the same room, workspace or area for over 15 minutes;
- or,
- Living in the same home.

Have travelled outside of Canada in the last 14 days?

- Yes
- No

Are you currently experiencing any of these issues? Call 911 if you are.

- Severe difficulty breathing (struggling for each breath, can only speak in single words)
- Severe chest pain (constant tightness or crushing sensation)
- Feeling confused or unsure of where you are
- Losing consciousness

Web links for COVID-19 symptoms checklists:

Ontario English <https://covid-19.ontario.ca/self-assessment/>

Ontario French <https://covid-19.ontario.ca/autoevaluation/>

DAILY COVID-19 ATTESTATION AND AGREEMENT

Please complete this form and submit with your entry or to the show organizer.



DRESSAGE NIAGARA
the "Organization"

By signing below, the participant (named below) or the participant's Guardian attests that they:

1. Do not knowingly have COVID-19;
2. Are not experiencing any known symptoms of COVID-19, such as fever, cough, shortness of breath or malaise;
3. Have not travelled internationally during the past 14 days;
4. Have not frequented a COVID-19 high risk area in Ontario during the last 14 days;
5. Have not, in the past 14 days, knowingly come into contact with someone who has COVID-19, who has known symptoms of COVID-19 or is self-quarantining after returning to Canada; and,
6. Have been following government recommended guidelines in respect of COVID-19, including practicing physical distancing.

Furthermore, by signing below, the participant agrees that while attending the competition or attending an event at the facility, they:

1. Will follow the laws, recommended guidelines, and protocols issued by the Government of Ontario in respect of COVID-19, including practicing physical distancing, and will do so to the best of their ability while attending the competition or attending an event at the facility;
2. Will follow the guidelines and protocols mandated by the competition organizer in respect of COVID-19;
3. Will, in the event that that they experience any symptoms of illness such as a fever, cough, difficulty breathing, shortness of breath or malaise, immediately:
 - a. Inform the competition organizer; and,
 - b. Depart from the facility immediately.

Print Name:

Participant (print clearly)

**Date of
Birth:**

(mm/dd/yyyy)

Print Name:

Guardian (if the participant is a minor)

Signature:

Guardian (if the participant is a minor)

Date:

(mm/dd/yyyy)

FOR PARTICIPANTS WHO HAVE BEEN DIAGNOSED WITH COVID-19

By signing below, the participant (named below) attests that they have been diagnosed with COVID19, but been cleared as non-contagious by provincial or local public health authorities and has provided to the competition organizer, in conjunction with this COVID-19 ATTESTATION AND AGREEMENT, written confirmation from a medical doctor of the same.

Print Name:

Participant (print clearly)

Date of

Birth: _____
(mm/dd/yyyy)

Print Name:

Guardian (if the participant is a minor)

Signature:

Guardian (if the participant is a minor)

Date:

(mm/dd/yyyy)

WAIVER OF LIABILITY FOR ALL CLAIMS AND RELEASE OF LIABILITY:

Competition Participation Waiver

Please complete this form and submit with your entry or to the show organizer.



DRESSAGE NIAGARA
the "Organization"

PLEASE READ CAREFULLY BEFORE SIGNING

Completed waivers must be returned with registration or prior to attending the Organizer's Competition: Dressage Niagara Bronze/Silver Competition #3 (the "**Competition**"). This waiver does not affect accident and out-of-country travel insurance provided by the Organization where applicable. By signing below, the participant (named below) and/or the participant's Guardian represents that they:

1. Have not travelled internationally during the last 14 days;
2. Have not visited a COVID-19 high risk area, region or location in Canada during the last 14 days;
3. Do not knowingly have COVID-19;
4. Are not experiencing known symptoms of COVID-19, such as fever, cough or shortness of breath and if they experience such symptoms during the Competition will immediately depart from the Competition;
5. Have not, in the past 14 days, knowingly come into contact with someone who has COVID-19, who has known symptoms of COVID-19 or is self-quarantining after returning to Canada; and,
6. Will follow government recommended guidelines in respect of COVID-19, including practicing physical distancing and will do so to the best of the participant's ability during the Competition.

In addition, by signing below, the participant and/or the participant's Guardian understands, acknowledges and assumes the inherent risks in participating in the competition, including, but not limited to: the potential for bodily injury or illness (including contraction of COVID-19); contact or interaction with others who may have been exposed to COVID-19; permanent disability, paralysis or loss of life; collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect venue or field of play conditions; equipment failure; participants of varying skill levels; inadequate safety measures; circumstances known, unknown or beyond the control of the Organizer, its partners, sponsors, agents, affiliates, directors, employees, officer, therapists or volunteers (together, the "**Organization**"); negligence or omission of the Organization (collectively, the "**Risks**").

I confirm that I have read and fully understand this waiver and release of liability. I sign this waiver and release of liability voluntarily without any inducement, assurance, or warranty being made to me.

In consideration for allowing the participant to participate in the Competition, the participant and/or the participant's Guardian: (a) release, discharge and forever hold harmless the Organization from any and all liability for damages or loss arising as a result of the Risks of participation in or in connection with the Competition; (b) waive any right to sue the Organization in respect of all causes of action (including for injuries or illness caused by their own negligence), claims, demands, damages or losses of any kind that may arise as a result of the Risks of participation in or in connection with the Competition, including without limitation the right to make a third party claim or claim against the Organization arising from the same; and (c) freely assumes all risks associated with the Risks, anything incidental to the Risks, which may arise as a result of participation in or in connection with the Competition. **YOU ARE GIVING UP LEGAL RIGHTS TO ANY AND ALL FUTURE CLAIMS AGAINST THE ORGANIZATION.**

Print Name:

Participant (print clearly)

Date of

Birth: _____
(mm/dd/yyyy)

Print Name:

Guardian (if the participant is a minor)

Signature:

Guardian (if the participant is a minor)

Date:

(mm/dd/yyyy)